

## FEARLESS LIVING RETREAT

April 27, 2013 9-6pm YMCA Camp Wilson

**Ready for a day of transformation and inspiration?  
Ready for some soul searching and fear squashing?  
How about adventure, fun and a supportive  
community of wonderful women?**

The **Fearless Living Retreat** invites you to take a deeper look at the fears that hold you back from living with playful energy and facing transitions with courage. Through nature, engaging interactive activities and reflection we will be utilizing the beautiful setting at YMCA Camp Wilson as our natural classroom.

Join **Christy Shell**, Life Coach and Adventure Facilitator, owner of **Zeal Coaching for Life and Career**, as she lovingly challenges you to reignite your life.

### Plan for a Magical Day of:

- ✿ Fun and Exciting Learning
- ✿ Enjoying the Outdoors
- ✿ Living with a Playful Heart
- ✿ Releasing Fears
- ✿ Adventure Activities\*
- ✿ Delightful Meals with a light BREAKFAST and healthy LUNCH

### Perfect for Individuals, Mothers & Daughters, Groups of Friends & Sisters!

Dress for the weather with hiking shoes, casual cloths and outerwear  
Age requirement s: 16 years old, under 18 yr needs adult champion to attend  
\*Participation in adventure activities is completely voluntary

#### Location:

YMCA Camp Wilson  
2732 County Road 11  
Bellefontaine, OH 43311

#### Retreat Fee:

\$140  
\$125 when two or more register together

Retreat Offer By  
**Zeal COACHING**  
FOR LIFE & CAREER

Questions??  
[www.zealcoach.com](http://www.zealcoach.com)  
[christy@zealcoach.com](mailto:christy@zealcoach.com)  
419-733-0252



**Registration** Online Registration at <http://zealcoach.com/life-coaching-events/>

Or Mail : 234 E. 4<sup>th</sup> Street Minster, Ohio 45869 Make check to: Christy Shell

Name \_\_\_\_\_

Name 2<sup>nd</sup> \_\_\_\_\_

Name 3<sup>rd</sup> \_\_\_\_\_

Main Contact Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Check Enclosed \$ \_\_\_\_\_